

Meet Jen Rothe

Lifestyle Director for Southern Harmony



Where are you from?

I was born in Biloxi, Mississippi, moved to Texas until I was 10, and spent most of my time growing up in Oconomowoc, Wisconsin. After meeting my husband, we moved to Las Vegas, New Mexico, Georgia and now Tennessee. Prior to moving to Tennessee, we spent 11 years in Brunswick, Georgia.

What do you enjoy doing in your free time?

Cooking and working out. On the weekends during the summer my family loves spending time on the beautiful lakes around the Nashville area or going to a concert at FirstBank Amphitheatre.

What is your favorite genre of music?

Country! I grew up on Neil Diamond and Conway Twitty.

What sports teams do you cheer for?

Will forever cheer on the Packers, GA Bulldogs and Vanderbilt.

What are your favorite local spots?

My daughters and I love to thrift shop in the great towns within an hours drive of Nashville and we've all found some hidden treasures! We're always eager to find the best doughnut and coffee shops in the area; we love Frothy Monkey, Dapper Owl, Five Daughters Bakery and Donut Country.

What are you most excited about as the Lifestyle Director for Southern Harmony?

I'm so excited to create relationships with all of the residents and be an integral part of the new community they will experience.



Additional fun facts about you?

My dad was a Captain in the Air Force, so I've always wanted to learn how to fly. I have three children, Kaden (19), Ashlyn (18), and Kalli (14) and we love to spend time together either in the kitchen, the gym or on the lakes.

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